



Metro Stars Gymnastics - Elkhorn

3706 S. 203rd Plaza | Omaha, NE 68130 | (402) 991-5700

www.metrostargym.com/elkhorn

Ongoing Class Schedule

	4 Week Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Preschool	Little Dippers (Parent Assisted) 18 months - 3 years 45 minutes	\$80		6:15 PM	6:15 PM	10:00 AM 6:15 PM	9:00 AM 10:00 AM 12:00 PM	
	Big Dippers 3 - 4 years 45 minutes	\$80	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:15 PM 5:25 PM 7:15 PM	4:15 PM 5:15 PM 7:15 PM	5:15 PM 6:15 PM 7:15 PM	4:15 PM 6:15 PM 9:00 AM 10:00 AM 11:00 AM	
	Shooting Stars 4 - 5 years 45 minutes	\$80	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:15 PM 5:15 PM 7:15 PM	5:15 PM 6:15 PM 9:00 AM 11:00 AM	
	Gemini 3 - 5 years 45 minutes These classes are only offered in the morning.	\$80		9:00 AM 10:00 AM		11:00 AM	10:00 AM	
Recreational Girls	Super Novas 4-5 years Invite Only 50 minutes	\$83	5:15 PM 6:15 PM	10:00 AM 4:15 PM 5:15 PM	1:00 PM 4:15 PM 7:15 PM	5:15 PM 6:15 PM	10:00 AM 4:15 PM	11:00 AM
	All Stars 5-7 years Invite Only 50 minutes	\$83	6:15 PM				6:15 PM	11:00 AM
	Shining Stars K-6 years 50 minutes	\$83	4:15 PM 5:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM	4:15 PM 5:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:30 PM 5:15 PM 6:15 PM	9:00 AM 10:00 AM 12:00 PM
	Beginner Girls Girls 7 + years 50 minutes	\$83	4:15 PM 5:15 PM 6:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	6:15 PM 7:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	5:15 PM 6:15 PM	9:00 AM 10:00 AM 11:00 AM
	Advanced Beginner Girls* Invite Only 50 minutes	\$83	4:15 PM 6:15 PM 7:15 PM	4:30 PM 5:15 PM 6:15 PM	4:15 PM 5:15 PM 6:15 PM 7:15 PM	5:15 PM	4:15 PM 6:15 PM	10:00 AM 11:30 AM
	Advanced Beginners Accelerated* Invite Only 1.5 hours	\$113	4:30 PM	7:15 PM		4:30 PM		9:00 AM
	Intermediate Girls* Invite Only 1.5 hours	\$113	4:30 PM 6:30 PM 7:15 PM	7:15 PM	4:30 PM 7:15 PM	4:30 PM 7:15 PM	5:30 PM	11:30 AM
	Advanced Girls* Invite Only 2 hours	\$133	6:15 PM	6:45 PM	4:45 PM	4:30 PM	5:15 PM	9:30 AM
Xcel Team	Girls Xcel Prep 5+ years Invite Only 1 hour	\$50	5:15 PM	6:15 PM	5:15 PM		6:15 PM	10:30 AM
	Xcel Bronze Team Invite Only 1 hour	\$50	6:15 PM		6:15 PM	6:15 PM		10:30 AM
	Xcelerated Bronze Team Invite Only 1.5 hours	\$80		5:30 PM		6:30 PM	4:30 PM	9:00 AM
	Xcel Silver Team Invite Only 2 hours	\$86		4:30 PM	6:45 PM	6:45 PM		
	Xcel Gold/Platinum Team Invite Only 2 days/week x 3 hours	\$275	5:15 PM			5:15 PM		8:45 AM
	Xcel Team Conditioning Invite Only 50 min.	\$20-\$50	Closed for the off season					

*Advanced Beginner Girls, Advanced Beginner Girls Accelerated, Intermediate Girls, and Advanced Girls qualify to add a corresponding USAG Xcel Team class. Please ask the staff for more details. (Updated 9/4/19)



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Boys	Rockets Boys 4.5-6 years - Invite Only - 50 minutes	\$83		4:15 PM	6:15 PM		11:00 AM	
	Comets Boys K-6 years - 50 minutes	\$83	5:15 PM	6:15 PM	5:15 PM	5:15 PM	9:00 AM	
	Beginner Boys Boys 7+ years - 50 minutes	\$83		5:15 PM	6:15 PM	7:15 PM	4:15 PM	10:00 AM
	Advanced Beginner Boys Boys 7+ years - Invite Only - 50 minutes	\$83		4:15 PM 7:15 PM		5:15 PM		12:30 PM
	Intermediate Boys Boys 7+ years - Invite Only - 1.5 hours	\$113			7:15 PM			9:00 AM
	Advanced Boys Boys 7+ years - Invite Only - 2 hours	\$133	7:15 PM					
	Boys Xcel Prep 5+ years Invite Only 50 minutes	\$50		7:15 PM		4:15 PM		
	Boys Xcel Bronze Team *Requires Adv. Beg. Boys - 1 hour	\$50						11:30 AM
	Boys Xcel Silver Team *Requires Intermediate Boys - 1.5 hours	\$70				7:15 PM		
Tramp and Tumbling	Pulsars Co-ed K-6 years - 50 minutes	\$83	7:15 PM	6:15 PM	5:15 PM	6:15 PM		
	Beginner T&T Co-ed 7+ years - 50 minutes	\$83	6:15 PM	4:15 PM	7:15 PM	5:15 PM 7:15 PM	4:15 PM	10:30 AM
	Advanced Beginner T&T Invite Only - 50 minutes	\$83		5:15 PM	6:15 PM			11:30 AM
	Intermediate T&T Invite Only - 1.5 hours	\$113	4:30 PM	4:30 PM	4:30 PM			9:00 AM
	Advanced T&T Invite Only - 2 hours	\$133				6:15 PM		
	Tumbling I Co-ed 6+ years - 50 minutes	\$83	4:15 PM	7:15 PM		6:15 PM		
	Tumbling II Co-ed 7+ years - Invite Only - 50 minutes	\$83	6:15 PM		7:15 PM	4:15 PM		
	Tumbling III Co-ed 7+ years - Invite Only - 50 minutes	\$83	4:15 PM		6:15 PM		5:15 PM	
	High School Tumbling I Co-ed 13+ years - 50 minutes	\$83	8:15 PM					
	High School Tumbling II Co-ed 13+ years - 50 minutes	\$83	8:15 PM					
	High School Tumbling III Co-ed 13+ years - 50 minutes	\$83		8:15 PM				
Additional	Special Stars Co-ed 6+ years - 45 minutes	\$83	7:15 PM			4:15 PM		
	Ninja Stars Co-ed 6+ years - 50 minutes	\$83				5:15 PM	10:30 AM	
	Rock Stars Co-ed 6+ years - 50 minutes	\$83	4:15 PM		7:15 PM	6:15 PM		
	Advanced Rock Stars Co-ed 6+ years - Invite Only - 50 minutes	\$83				4:15 PM		
Open Gym	Open Climb Co-ed 6+ years - 1 hour	\$10					Closed for summer	
	Open Climb + Open Gym Co-ed 6-19 years - 1.5 hours	\$22				7:15 PM	7:15 PM	
	Day Time Open Gym Walking- 12 years - 1 hour	\$6 \$4 Siblings		11:00 AM		9:00 AM	11:00 AM	
	Practice Open Gym-Starting October 5th Ages 6-19 - 1 hour	\$10 \$8 Member						1:00 PM
	All Ages Open Gym Walking-19 years - 1.5 hours	\$12 \$10 Member					7:15 PM	7:15 PM

There is an annual membership fee of \$49.00. Monthly tuition is based on four classes per month and could be higher or lower based on extra classes or holidays. Contact us about discounts for multiple children or classes at (402) 991-5700 or e-mail us at elkhorn@metrostargym.com. Classes of less than 3 enrolled students may be subject to cancellation.